



## **MENTORING SERVICES**

New Directions encourages young people to maintain appropriate behavior in the home, school and community. The NDCOS Mentoring Program focuses on building rapport between a young person and a positive adult role model who can provide encouragement and correction in a variety of situations. Through behavior modification techniques, we seek to modify negative attitudes and eliminate behavior stresses. We serve youth who live in the home with their parents, have just been released from a Juvenile Correctional Centers, group homes, residential treatment centers, or foster care. We provide positive role models to increase and reinforce constructive behaviors. Additionally, we encourage them to successfully contribute to society.

We believe this one-on-one interaction will strengthen the overall bond within the family and instill in the youth, respect for themselves and others.

### **SERVICE COMPONENTS**

- School visits or Employment visits
- Sports and recreational activities
- Juvenile Correctional Center visits (when specified by the referent)
- Appropriate peer and adult interaction
- Setting realistic short and long term goals for each individual
- Incentive programs for positive behavior and academic performances
- Awards and recognition upon successful completion of the program

### **OUR GOALS FOR MENTORING**

- Transform negative behavior into positive behavior.
- Help young people become positive role models.
- Increase self-esteem through recognition and encouragement.
- Instruct young people how to give and receive respect.
- Teach young people to be accountable for their individual actions.
- Encourage goal setting with the desire to reach their highest individual potential